



# A GUIDED JOURNEY

Overview Presentation



# Presentation Goal

Define and discuss strategic partnership opportunity that helps improve the lives of new and expectant mothers.

# Overview



Gratitude



Symmetry Mission & History



'A Guided Journey' Overview



Our Ask



How it Works



Q&A + Next Steps





# Thank You

Truly grateful for the work you all are stewards of.

# Mission & History

- Building communities one family at a time
- Providing culturally competent and family-driven services since 2007
- Healthcare outreach, Senior Citizen housing, employing over 80 CHWs



# 'A Guided Journey' Program Overview



Connecting pregnant women and those up to 90 days postpartum with CHWs;



Identifying individual needs and information on healthier lifestyles;



Providing support on infant health and connecting mothers with supportive services;



Ensuring no family has to walk this journey alone...

## We've

- Delivered Wellness Wednesday's Radio PSAs;
- Intensive certification training completed;
- Perinatal CHW training completed;
- Delivered over 1,000 bi-lingual 'A Guided Journey' postcards through outreach; and now...

# Our Ask

- To provide information to your facilities and teams as a trusted partner to provide referrals



# How it Works



Provide material (flyers, website link, etc.)



Provide contact information



Tap into existing database



Share insights on how people find out about your programs







# Q&A + Next Steps

If you are interested in being a part of this Guided Journey that will promote healthy moms, healthy babies please contact: Jackie Lytch  
[jlytch@symmetrybhs.com](mailto:jlytch@symmetrybhs.com)



# Thank You

Looking forward to working together

